

Genital Herpes

Genital herpes is caused by the herpes simplex virus (HSV), which is the virus which gives us cold sores around the mouth.

A genital herpes infection usually causes painful crusted sores in or around your anus or genital area.

The virus, once contracted incubates for between four to seven days after infection, and then the sores will start to emerge. They usually start with a tingling sensation and redness and in only a few hours blister like lumps appear which exude a sticky fluid which dries and crusts.

Some sufferers also have pain when they pass urine or a stinging sensation in the anal or genital area, and complain of feeling generally unwell.

That said, others have no discernable symptoms and have sores that aren't painful.

After the onset, the lesions usually heal without scarring within a few weeks.

Many people have repeated attacks of the lesions, although these are often shorter in duration and less severe.

As herpes is a virus, there is no treatment to remove it from your body.

However, your doctor can prescribe antiviral tablets, which can help the outbreak clear up faster and reduce the severity of your symptoms.
