

Slightly Stronger Spicier Salsa

While the recipe for Salsa in this section is a great one for younger palates, you may wish to make something a little spicier, either for yourself or for adults.

The way you make is the same as before, just chop everything up and mix it together in a bowl, but be warned, this one does pack a bit more of a punch.

All you will need is :-

1 can of chopped tomatoes

1 small onion

2 cloves of garlic, peeled and crushed or chopped

Half a bunch of fresh parsley

Juice of 1 lemon

1 green pepper

1 red pepper

1 dessertspoon of sugar

A pinch of salt and some ground black pepper